

## **Robin Taylor**

### **Readings: Psalm 139: 1-12, 23-24 and Mark 5: 1-17**

1. In what ways are the physical / psychological / spiritual dimensions of human health related to one another? Think of the interactions and connections between two, or all, of these elements.

2A. Can you think of a modern example where spiritual ill health as a primary factor leads to or contributes to physical or psychological illness (rather than the other way round)?

2B. What is false guilt? For example, consider survivor guilt, and how can it affect an individual.

3. How did Jesus view the man whom He delivered from the demons? Is his approach to the man's distress descriptive (i.e. historical) or prescriptive (should be applied in the here and now)?

4. What are the potential risks associated with identifying demon possession in today's Christian culture? Should it ever be undertaken?

5. The sermon highlighted differences between possession and oppression. What are the characteristics of spiritual oppression in the life of the Christian today? What are Satan's objectives in oppressing a Christian?

Read the two Scripture passages again

6. What are the key lessons you can take from Psalm 139 and from Mark 5 (one for each Scriptural passage)